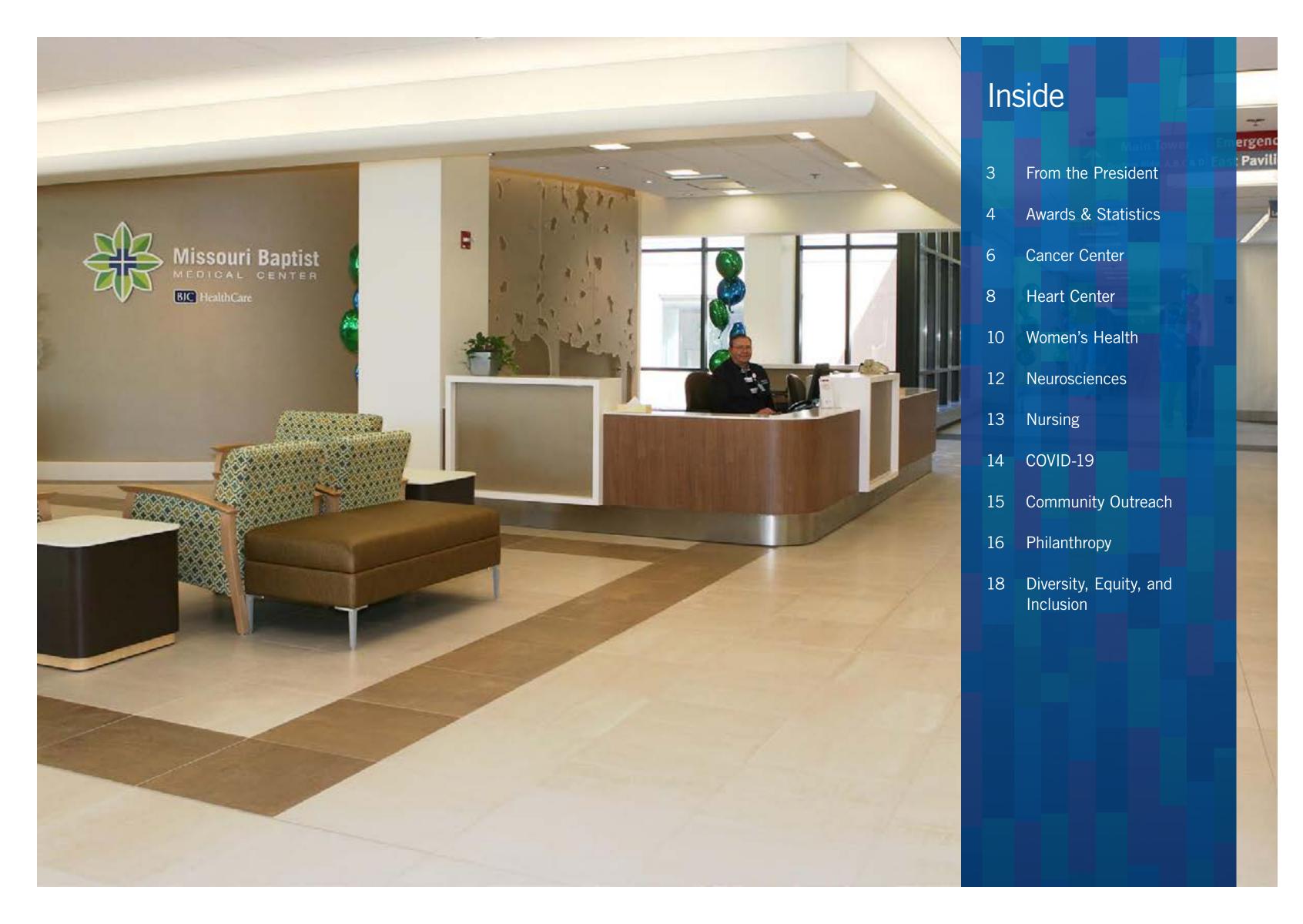


Missouri Baptist Medical Center

2021 Annual Report





From the President

2021 was another remarkable year for Missouri Baptist Medical Center. We managed through some of the highest COVID-19 surges of the pandemic while also providing advanced, specialized care to support our community.

Since the onset of the COVID-19 pandemic, our hospital, health system, community, and nation have experienced tremendous tragedy, fear, and loss. Despite it all, our employees and medical staff continue to demonstrate an unwavering commitment to patient care ... and to one another.

To many, it may seem as if the year 2021 was simply a continuation of the surreal year we all experienced in 2020. However, the fight against COVID-19 took a significant turn with the introduction of safe and effective vaccines. which were made available to our employees and medical staff starting in December 2020. By March, we were making vaccinations available throughout the communities we serve, along with a robust COVID-19 drive-up testing site. As the number of COVID-19 inpatients began to decrease, we were able to look forward and reopen patient care areas that had been repurposed during the height of the pandemic.

Our patients returned to our hospital in strong numbers, many for the care they may have put off during the height of the pandemic.

We joined others in health care organizations across the country in facing the challenges of the extraordinarily high patient census and unprecedented staffing challenges. We continued to pursue innovative and creative ways to care for our patients while supporting our employees and providing them with the resources and tools they deserve.

Through it all, our employees and physicians repeatedly met incredible challenges with great strength, impressive skill, and infinite compassion. We are proud of our Healthcare Heroes and especially grateful for their commitment and all they have done to care for our patients and families.

As we move forward and anticipate developing our new normal, we will continue to strive to lead the way in our community and our region to provide the best patient care and compassion that our patients expect and deserve.

John Antes President, Missouri Baptist Medical Center



Thanks to our world-class physicians, nurses and team members, MoBap is:

- Ranked the No. 2 hospital in the St. Louis metro area according to U.S. News & World Report
- Rated "high-performing" in fourteen procedures and conditions evaluated by the same publication
- The first and only hospital in St. Louis County to be named a Magnet® hospital by the American Nurses Credentialing Center, the highest credential a health care organization can receive for nursing excellence and quality patient care

It is because of the unwaivering dedication of our team members, MoBap cared for 171,674 patients.



"Missouri Baptist has been a beacon of hope for so many who have sought healing within our walls."

Awards & Statistics

Missouri Baptist Medical Center physicians, nurses, team members, and medical programs are recognized regularly through national and local awards. These awards confirm our commitment to exceptional care and are a tribute to our dedicated professionals who serve our community.



U.S. News & World Report

#2 in St. Louis Metro Area #3 in Missouri

Missouri Baptist is ranked "high-performing" in these specialties and procedures/conditions:







SURGERY







HIGH

KIDNEY FAILURE











KNEE REPLACEMENT





























Outpatient Center in Sunset Hills















2021 **BY THE NUMBERS**



171,674 **TOTAL PATIENTS**



36,595 **ED VISITS**



14,160 **IN-PATIENT SURGERIES**





19,954 **IN-PATIENT**





2,622 **EMPLOYEES**



1,502 **PROVIDERS**



1,550 **COVID PATIENTS**



Neuroscience

900 **STROKE & TIA PATIENTS**

1,063 **MS INFUSION CENTER PATIENTS**



24,020 **BREAST HEALTH CARE PATIENTS**

1,579 **MAMMOGRAPHY VAN PATIENTS**

215 **CANCER CENTER CLINICAL TRIALS**



Childbirth Center

3,576 **BABIES WELCOMED**



Heart Center

23,000 **HEART SURGERIES**

40 379 **HEART VALVE** WATCHMAN **PROCEDURES PROCEDURES**

700 172 **IMPLANTED TAVR** PACEMAKERS/ **DEFIBRILATORS**

490 277 **ABLATIONS CABG**



489 Licensed Beds

The best treatments and advancements in health care, an excellent patient care environment, continuous improvement and growth are reflected in these impressive numbers. But most importantly, the numbers demonstrate our commitment to caring for our community.

Cancer Center

Designed with patients in mind, the Missouri Baptist Cancer Center combines comprehensive, multidisciplinary treatment and cutting-edge research and clinical trials to be recognized as one of the region's outstanding cancer programs. Along with the most advanced cancer-fighting technology and the best-trained professionals, we bring comfort and compassion to the continuum of cancer care. With art, pet, and massage therapy, as well as a healing garden and cancer rehabilitation program, we strive to support each patient's clinical and emotional needs with a holistic approach.

Cancer Center Trials

Missouri Baptist is part of Heartland Cancer Research, one of 34 community networks that comprise the National Cancer Institute (NCI) Community Oncology Research Program (NCORP). The Cancer Center at Missouri Baptist has a solid foundation in research and has dramatically improved access for cancer patients to NCI-sponsored clinical trials of innovative new cancer therapies, cancer preventive strategies, and interventions to reduce the symptoms associated with cancer. We bring access to the newest innovations in cancer treatment and prevention and top researchers together to serve the residents of Missouri, Illinois and northern Kentucky, alleviating the need to travel far from home.

In 2021, the Cancer Center participated in more than 215 NCI sponsored clinical trials for treatment of cancer, cancer prevention and symptom control.

Lung Cancer – Early Screening & Detection

The Missouri Baptist Lung Cancer Screening Program has been named a Screening Center of Excellence by the Lung Cancer Alliance (LCA). Designated LCA Screening Centers of Excellence are committed to providing clear information based on current evidence on who is a candidate for lung cancer screening, and to comply with comprehensive standards based on best practices developed by professional organizations, such as the American College of Radiology (ACR), the National Comprehensive Cancer Network (NCCN).

The Missouri Baptist lung screening program is the largest program in the St. Louis region, serving 1,213 patients in 2021. Through our program, more than 53% of cancers were identified in the early stages of development. Lung cancer is one of the most common cancers in the world. Often the disease does not show symptoms until it has progressed to advanced stages, when it is difficult to treat and chances of survival decrease.

A low-radiation-dose CT (LDCT) scan can detect lung cancer at its earliest stages, making treatment both easier and more effective and early detection is the key to beating any cancer. Such screening is only appropriate for people who may be at higher risk for lung cancer due to their history of smoking.

An LDCT scan of the chest to screen for lung cancer is like a mammography screening for breast cancer. Both can detect cancer in its early stages and save lives. In a reported study, LDCT lung cancer screening has been shown to reduce lung cancer deaths by 20-33% in highrisk populations. It is estimated that following government screening guidelines could save an additional 10,000 to 20,000 lives each year.





THE MOBAP LUNG SCREENING PROGRAM SERVED PATIENTS IN 2021.

The MoBap Cancer Center participates in more than NATIONAL CANCER **INSTITUTE-SPONSORED** CLINICAL TRIALS.

Breast HealthCare Center

The Breast HealthCare Center (BHCC) provided care to more than 24,000 patients in 2021, offering 3D digital screening and diagnostic mammograms, breast ultrasounds, biopsies, and bone density testing. The BHCC also has a breast cancer risk assessment program and genetic counseling services, which provide comprehensive breast cancer screenings and customized surveillance plans for patients with an increased risk of breast cancer.

Demonstrating high-quality breast care, the Center is:

- A Certified Quality Breast Center of Excellence, designated by the National Quality Measures for Breast Centers (NQMBC). MoBap is one of only two in the state of Missouri.
- A Breast Center of Excellence, designated by the American College of Radiology (ACR) for Mammography, Ultrasounds, Ultrasound and Stereo Biopsies, and MRI.

Services are also offered at outpatient imaging center in Sunset Hills and Chesterfield, and at our offices in Rock Hill.

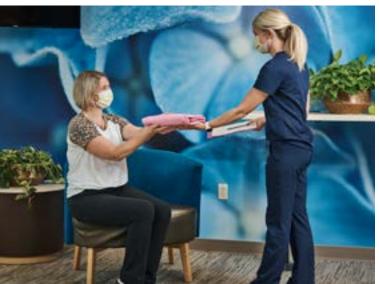
Mobile Mammography Provides **Breast Health Screenings**

In addition to the comprehensive services provided at the Missouri Baptist Breast HealthCare Center, 3D screening mammograms are offered by Missouri Baptist's mammography van throughout the region and other locations. The van helps reach women, often in rural areas, who otherwise would not be able to afford the screening or who may not have transportation.

In 2021, the mammography van performed 1,579 screening mammograms, serving women in 31 Missouri counties. MoBap received the Underserved Grant from the Missouri Baptist Healthcare Foundation.







MoBap is one of the **top 5 cancer programs in the nation** for recruitment into to clinical trials, helping patients advance medicine.

> BREAST HEALTHCARE CENTER SERVED APPROXIMATELY PATIENTS IN 2021

MAMM VAN SERVED PATIENTS IN 2021





Missouri Baptist Medical Center received reaccreditation as a Commission on Cancer (COC) Accredited Oncology Program.

Heart Center

The Heart Center at Missouri Baptist Medical Center has a team of the top cardiologists in St. Louis and offers a comprehensive cardiac program, treating a variety of heart conditions. Known for its exceptional heart surgery program, Missouri Baptist Medical Center continually ranks among the best hospitals in the nation for cardiac surgery and is recognized nationally for its patient care, exceptional outcomes and its early adoption of innovative procedures and research.

Our cardiac surgery program ranks among the best in the U.S. for CABG and heart valve surgery. Our team of cardiac specialists partners with rural hospitals and EMS personnel to offer the region's leading heart attack network, saving heart muscle and saving lives.

New Robot for Cardiac Arrhythmias

Missouri Baptist Medical Center is the first hospital in the Midwest to offer a new advanced robotic technology for the treatment of cardiac arrhythmias.

Millions of individuals worldwide suffer from arrhythmias — abnormal heart rhythms, including the heart beating too quickly, too slowly or with an irregular pattern. Left untreated, certain arrhythmias can significantly increase the risk of stroke, heart failure and sudden cardiac arrest.

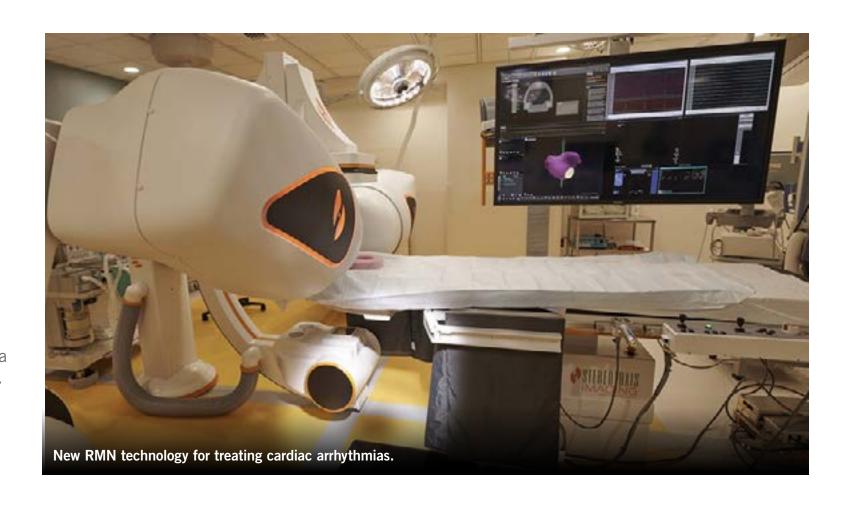
The new technology at MoBap — robotic magnetic navigation (RMN) — introduces the benefits of robotic precision and safety to cardiac ablation, a common, minimally invasive procedure used to treat arrhythmias. The RMN device consists of two robotically controlled magnets, a flexible catheter with a magnetic tip and an operating console. The system creates magnetic fields that can be manipulated to steer catheters with an unprecedented degree of precision and control. The catheter is controlled from its flexible tip.

RMN allows physicians to safely and effectively treat patients with complex arrhythmias, reaching areas of the heart that cannot be treated using traditional, manual techniques.

Robotic cardiac ablation is well-documented as a beneficial alternative to manual cardiac ablation.

Aortic Dissection Network

Time can be a matter of life or death for an aortic dissection patient. Missouri Baptist Medical Center, Barnes-Jewish Hospital, and Washington University School of Medicine collaborate to better serve aortic dissection patients throughout the region by ensuring quick transfer, treatment time, and access to open beds. Rural hospitals and referring emergency departments can make a single call to expedite the transfer of a patient to MoBap or Barnes-Jewish Hospital. This network ensures a high level of care and improved outcomes for acute aortic dissection patients.



MoBap is a designated **Level 1 STEMI Center** by the Missouri Department of Health and Senior Services.

2021 STATS: HEART VALVE CABG **PROCEDURES** WATCHMAN **ABLATIONS**

DOOR-TO-BALLOON TIME:

minutes on average

NATIONAL **STANDARD:** 90 MINUTES Door-to-balloon time is a metric used in the treatment of heart attacks, measuring the time from patient arrival to the opening of the blocked artery.

Minimally Invasive Heart Valve Replacement

Heart valve problems can leave you tired, winded, and unable to enjoy life the way you want to. When heart valve damage or disease interferes with activities of daily living, you have options. MoBap's expert cardiologists use a variety of advanced techniques to repair or replace leaky or narrowed heart valves. These procedures ease the stress on your heart so that you can get back to your active lifestyle.

Your heart valves are essential to how your heart works. The valves control blood flow between the heart's chambers. Each healthy valve has flaps or leaflets that prevent the backflow of blood from chamber to chamber and help the heart pump efficiently.

In 2021, MoBap's team performed 397 ablations. The specialists also implanted more than 485 pacemakers and defibrillator devices to help regulate patients' irregular rhythms.

Our heart valve procedures can help the valves close tightly again so that your heart can get oxygen to the rest of your body. Depending on your needs, your surgeon may be able to repair your existing valve. Or we can replace your valve with a new one.

At MoBap, you receive care from a team of cardiologists, cardiac surgeons, and cardiac nurses. The specialization of our team allows us to have an in-depth knowledge of cardiac diseases and treatments, paired with a dedication that allows us to treat the whole patient.

MoBap electrophysiology team treats patients with arrhythmias, using medication, device implantations, and ablation procedures. This includes treatment for atrial fibrillation (A-Fib), a common, often serious, heart rhythm disorder that becomes more prevalent with age.

RECOGNIZED FOR QUALITY &

cardiovascular areas.

Missouri Baptist is ranked #2 in the St. Louis Metro Area as a Best Hospital by U.S. News & World Report. We received high-performance ratings in the above

OUTCOMES













Women's Health

Childbirth Center & NICU

Awards & Stats

The Childbirth Center at Missouri Baptist offers support to each mother, baby, and family throughout the maternity process in a quiet, comfortable environment, with personalized care from experienced labor nurses, a NICU, and 24/7 on-site anesthesiologists. Our private, spacious birth suites, including three labor and delivery rooms with built-in laboring tubs, provide a quiet, peaceful environment for welcoming 3,576 new babies in 2021.

Our staff is trained to recognize pregnancy complications and intervene when necessary. MoBap offers two excellent practices on campus: BJC Medical Group Maternal Fetal Medicine at Missouri Baptist Medical Center and The Center for Women's Wellness and Fetal Medicine staffed by Washington University physicians, as well as the BJC Medical Group. Together they provide specialty care to women with complex, high-risk pregnancies.

Also, the Center's Neonatal Intensive Care Unit (NICU) nurses, along with Washington University neonatologists and pediatricians from St. Louis Children's Hospital, provide specialized care for premature or sick babies.

Equip Yourself to Help Prepare Them for Successs

At MoBap, we believe that supporting healthy and happy babies begins with supporting their parents. We offer <u>classes and support groups</u> to guide new parents on each step along the exciting path of parenthood.

In 2021, our experts offered a variety of online, in-person and hybrid options for learning and support. We are happy to offer complete selfguided online classes that you can complete at your own pace and from the comfort of your own home. When you sign-up for one of our online classes, you'll have access to one of our childbirth educators via email to answer any questions you may have.

Anesthesia Guided By Need, Not By Number

If you choose to have an epidural, you'll find that we're ready to make you comfortable as soon as you need it. And because there is always an anesthesiologist on-site in our department, you won't have to wait in pain until that doctor arrives.







BABIES WELCOMED IN 2021

The MoBap women & infants team received a 2021 award for **Outstanding Patient** Experience.

Nursing

Growth of Womens Outpatient Center

Awards & Stats

In 2021, the Womens Outpatient Center saw an increase in the number of patients treated and received outstanding feedback from patient and referring provider surveys.

The Center offers privacy and comfort for patients ranging from age 13 to 80, for minor, non-invasive gynecological procedures, such as hysteroscopy, sterilization, hymenectomy, uterine ablation, and LEEP, a treatment for abnormal cells on the cervix. With seven dedicated patient bays, a central nurses' station, and two operating rooms, the Womens Outpatient Center is equipped to care for patients from admission to discharge. It also provides personalized care through a team of dedicated nurses who do everything to ensure patients have the best experience possible.

MoBap Baby Blue Notes

As part of our ongoing partnership with the St. Louis Blues, babies born in 2021 at Missouri Baptist Medical Center during the shortened hockey season became MoBap Baby Blue Note teammates. Every baby received an exclusive MoBap Baby Blue Notes onesie and team membership goodies.



MoBap is a **Center of Excellence** for anesthesia care of obstetric patients by the Society for OB Anesthesia & Perinatology.

> Women's & Infants was awarded the PRC 5-Star award for patient experience.



Neurosciences

Stroke Program

Missouri Baptist was awarded a "Certificate of Distinction as a Primary Stroke Center" by The Joint Commission. In 2021, the stroke team cared for more than 900 stroke and TIA (also called mini-stroke) patients.

Missouri Baptist is able to diagnose, treat and manage patients presenting with stroke symptoms at the emergency department, as well as patients directly admitted or transferred from other facilities.

Members of the Primary Stroke Team are multidisciplinary healthcare providers, including hospitalists, neurologists, neurosurgeons, critical care physicians, neuroradiologists, Magnet®-recognized nurses, rehabilitation specialists and a registered dietitian.

Patients brought into the emergency department are seen within minutes by experts in acute stroke care. The care team may provide a variety of treatment options, including medication and surgery.

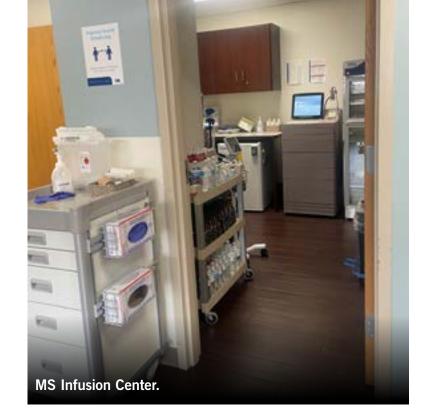
In 2021, Missouri Baptist Medical Center received the American Heart Association's Gold Plus Get With The Guidelines®-Stroke Quality Achievement Award for their commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines.

Multiple Sclerosis

The Multiple Sclerosis (MS) Infusion Center at Missouri Baptist Medical Center is one of the highest-rated infusion centers in the country in patient satisfaction and the only infusion center in the region dedicated solely to serving patients with MS.

Our highly skilled, compassionate nurses work closely with physicians to oversee patient infusions. The team is focused on meeting each patient's individual needs in a comfortable environment.

The center is unique in that it is fully dedicated to MS patients who value the supportive environment and companionship of receiving care with others who share their diagnosis.







RECOGNIZED FOR QUALITY & OUTCOMES

Missouri Baptist received high-performance ratings for stroke from U.S. News & World Report.







PRC Excellence in Healthcare Top Performer for patient experience.

Nursing

Magnet Re-designation April 2021

Missouri Baptist Medical Center earned Magnet Re-designation in April of 2021. Awarded by the American Nurses Credentialing Center (ANCC), a subsidiary of the American Nurses Association, Magnet designation is the highest and most prestigious credential awarded to health care organizations for nursing excellence and quality patient care. Only 8% of hospitals have achieved this designation and only 6% earn re-designation – MoBap is within that 6%!

Magnet accredited organizations continue to show attraction and retainment of top talent, improved patient care, safety, satisfaction, and advanced nursing standards and practice. Missouri Baptist's Magnet re-designation demonstrates the continued dedication and commitment of our MoBap nurses towards excellence in nursing practice and superior patient outcomes.

Professional Development Program

In March of 2021, MoBap was part of the BJC system initative establishing a new career ladder program known as the Professional Development Program (PDP). This program promotes the lifelong pursuit of expertise in the clinical environment and provides professional growth and advancement opportunities across seven professions, including nursing. Throughout 2021, more than 90 MoBap nurses participated in this program and continue to develop and grow their professional careers in nursing within BJC and Missouri Baptist.

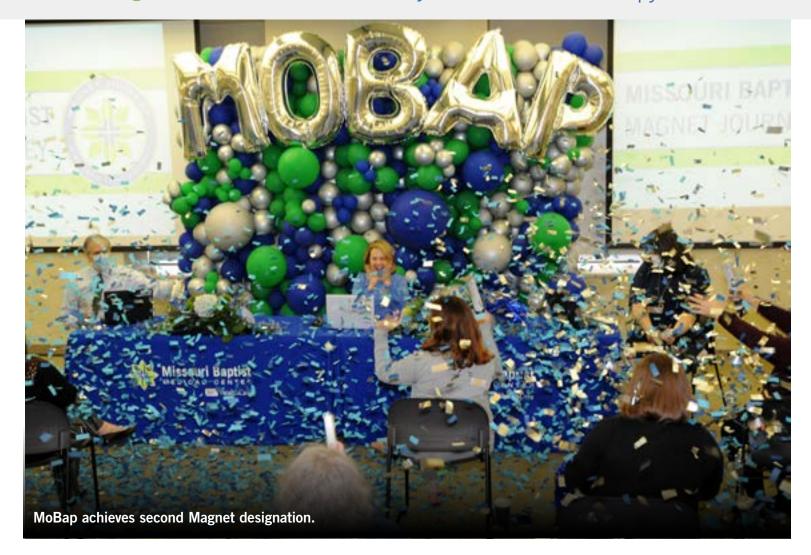
Our inpatient services venue were awarded a

RATING (TOP 25%) BY THE 2021 PROFESSIONAL RESOURCE CONSULTANTS SURVEY.

Nursing Shared Governance

The Nursing Shared Governance (NSG) structure supports evidence-based nursing practice and decision making at Missouri Baptist. This framework provides professional nurses at Missouri Baptist the authority to create, change and/or restructure the practice of nursing and the standards of care for our patients. These decisions of NSG and practice of nursing align with the mission of Missouri Baptist and through many levels and settings of professional nursing at Missouri Baptist.

During this year of uncertainty with the pandemic MoBap nurses overcame both clinical obstacles and continued to meet, though virtually. Our Missouri Baptist nurses recognized the importance of continuing to discuss nursing practice across many platforms during a time when nursing practice was the most pivotal for safety of providers, and quality care for our patients.



Our Emergency Department, Cardiac Testing, Outpatient Cardiac Cath Lab, Ellisvillve Outpatient Clinic, Outpatient Rehabilitation, Pain Management, Ultrasound/Vascular, Women & Infants, and Wound Healing Center were awarded a

RATING (TOP 10%) BY THE 2020 PROFESSIONAL RESOURCE CONSULTANTS SURVEY.





HONORING NURSES INTERNATIONALLY IN MEMORY OF J. PATRICK BARNES



COVID-19

As the COVID-19 pandemic entered its second year, MoBap continued to mobilize as never before to protect the community and emerge as a leader in COVID-19 care. Displaying the innovation and flexibility that have become hallmarks of care at MoBap, caregivers not only treated thousands of COVID positive patients but worked diligently in protecting St. Louis County residents and beyond from the virus through vaccinations and testing. MoBap caregivers once again showed extraordinary skills and compassion as they faced surge after surge of cases. BJC began 2021 by unveiling COVID-19 vaccinations for the community, first with seniors and the most vulnerable populations at COVID-19 Vaccination Clinics throughout the region to ensure coverage for underserved populations and all who sought the vaccine.

MoBap used innovative ways to provide access to COVID-19 testing, utilizing our laboratory's drive-thru site, serving an average of 100 patients per day. By the end of the year, the laboratory team processed more than 55,000 COVID-19 tests, (including drive-up tests and inpatient tests), an important milestone in ensuring the health of the community.

MoBap also established the only monoclonal infusion clinic in St. Louis to reduce hospitalizations and vaccinated over 85 percent of caregivers.

Heading into an uncertain COVID future, our commitment remains strong to do everything possible to protect our patients from the virus and support our healthcare heroes, who have shown unwavering dedication and commitment.









By the **Numbers**

COVID-19 PATIENTS TREATED - 1,550 COVID-19 TESTS PERFORMED - 55,516 POSITIVE TESTS - 4,374

Community Outreach

At MoBap, we pride ourselves on reaching our community where and when they need us.

Cancer Screening Program

We were proud to sponsor the Lung Cancer Connection 12th annual Run.Walk.BREATHE event supporting our patients, their families and all those who are fighting this disease.

Supporting Our Community

Much like 2020, we had to pivot our community outreach plans to ensure the safety of our community and our team members and allow our staff to focus on care in the hospital where it was needed most. While some of our classes and support transitioned to virtual, many of our efforts shifted entirely.

Throughout the pandemic, BJC HealthCare hospitals and service organizations, like MoBap, were a trusted source of science-based information and guidance to help people go about their lives safely. We sought to provide information where people were seeking it - through news media, social media, email newsletters, Facebook live streams, our call center and at the hospital. We shared information on vaccines, testing, masking, physical distancing, gathering safely for the holidays, the safety of children returning to schools, assessing symptoms, and much more.

Experts on behalf of BJC and Missouri Baptist did frequent interviews to share the latest information and resources, and MoBap sent monthly emails to nearly 50,000 people, all in an effort to keep our community as safe as possible. Many of our community partners shifted events

to virtual to limit large gatherings. In 2021, we continued our support of these virtual events: American Heart Association's Heart Walk, Komen More than Pink Walk, MS Walk, and more.

A Special Blood Drive

After the delivery of her second child, MoBap mother, Courtney Johnson, suffered an amniotic fluid embolism (AFE) that causes an allergic reaction to amniotic fluid entering the mother's circulatory system resulting in a cardiac event followed by hemorrhaging.

The Missouri Baptist Medical Center delivery team acted quickly to save Courtney's life. A multi-disciplinary team of health care professionals depleted the hospital's blood supply of her blood type (65 blood products) in the heroic effort to save her life.

As the St. Louis area was and continues to experience a critical blood shortage, Courtney, with the help of the American Red Cross, hosted a blood drive to help encourage others to donate the gift of life. More than 130 units of blood were donated in one day thanks to Courtney and her efforts.

AFE events are rare and not much is known about why the event occurs. Only half of those who experience an AFE survive.







Philanthropy

Through the generosity of our donors, the Missouri Baptist Healthcare Foundation supports MoBap in its mission of providing extraordinary care through compassion and innovation.

We offer this support by focusing on workforce development, leading technology, medical research, and continuous improvement of clinical services. Our funding efforts are directed to patient care, strategic growth, and building endowment, amongst other areas — all of which create a meaningful impact on the lives of patients and their families.

Champions for Care

A generous group of Missouri Baptist Medical Center donors called Champions for Care demonstrates the power of the phrase "we're better together."

Champions for Care donors commit to a specific giving level and designate their gifts to an annual fundraising project that will elevate the quality of patient care. By pooling resources, Champions for Care have a more significant impact than they could individually.

In 2021, Champions for Care exceeded their goal and raised \$180,000 to provide mammograms and breast cancer education to underserved women in the St. Louis region and 30 rural Missouri counties through the hospital's mobile mammography van.

Mammography is the most important screening tool for the early detection of breast abnormalities or cancer. Currently, about one-third of the hospital's mammography van patients are under or uninsured.

Missouri Baptist Healthcare Foundation Champions for Care sponsored a breast cancer education series this summer. The three-part series featured breast cancer experts from

Missouri Baptist who shared the latest on genetics, research, and treatments.

Generosity Fuels Innovative Care

After decades of successfully leading DEMA Engineering Company, Jack Deutsch has a deep understanding of how technology can improve processes. With the establishment of The Jack and Ellen Deutsch Endowment for Innovations in Medicine at Missouri Baptist, he hopes to see advanced technology, including robotics, benefit more patients.

Their endowment is focused on funding new, innovative and advanced practices in medicine and patient care at Missouri Baptist. These innovations will be based on the continued study of advances in health care and hospital operational practices nationwide and around the world.

The Jack and Ellen Deutsch Endowment for Innovations in Medicine will provide hospital leadership vital funds to investigate new technology to ensure Missouri Baptist is at the leading edge of care.

Wellness Room

The pandemic took a devastating toll and led to extensive burnout in physicians, nurses and other health care team members. To address this, Ben Voss, MD, a primary care specialist and chair of the Wellness Committee at Missouri Baptist, partnered with another key MoBap physician, Dr. Brent Allen, MD, vascular surgeon, to address the key frustrations that lead to burnout. One of the solutions was to create a wellness room.

The meditative space, "Kellee's Quiet Place," opened in December 2021 to all Missouri Baptist team members looking for a quiet area to decompress. The room was an instant hit.

In six months, team members sought refuge in "Kellee's Quiet Place" more than 5,000 times morning, noon and night.

Several Foundation donors came together to gift this space to Missouri Baptist team members. The wellness room was named after Kellee, who embodied the spirit of support that MoBap employees live every day.

Turning Grief into Gratitude

Christine Crites-Humphreys found a way to turn her devastating experience of losing her baby in 2015 into healing help for other moms having babies at Missouri Baptist.

After delivering their second child in 2016, Christine and her husband wanted to give back. Since she was 28, Christine has upped her monthly sustaining donation amount each year as her income increased.

Now, at age 34, Missouri Baptist is one of the few charities she gives to no matter what, and she loves that it's helping locally. "My monthly sustaining gift is healing by helping.

> Supporting MoBap continues to be a high priority for our donors.

To learn more or to make a donation to MoBap, visit missouribaptist.org/ waystogive/donatenow







Diversity, Equity and Inclusion

At MoBap, we strive every day to be a place of healing where everyone feels like they belong – because everyone does. Through our diversity, equity, inclusion, team, Bridges, MoBap uses evidence-based practices and cultural competency training to ensure that the differences among our patients, caregivers, and the communities we serve are recognized and respected.

In 2021, an anti-racism training session was made available to more than 40 leaders to improve and maintain a respectful and welcoming environment. In addition, MoBap, along with BJC, performed an internal employee belonging survey to give everyone a voice and be heard so MoBap can identify ways to improve and eliminate institutional biases. These are just some of the initial steps in a long-term plan to leverage diversity, promote inclusion, and create and maintain an environment where all caregivers feel valued and respected every day.

Bridges

Racism continues to be a threat to the health of our community. As a healthcare organization, we often care for people who have been impacted by racism. In response to the rising focus on social justice and efforts to fight racism, our Bridges team focuses our efforts on education and awareness of the many ethnicities, religions, sexual orientations, and differences that make up our beautiful society. As an organization, we resolve to use our compassion, creative ideas, and collective commitment to ensure we foster a culture that acknowledges everyone equally.

We will help end racism and racial disparities in health care by:

- Examining our own biases
- Measuring, tracking, and reviewing our policies and practices to meet the needs of everyone we serve

- Treating people with dignity and respect
- Leading change in our communities and addressing health care disparities

Our Work

Through our work of supporting a monthly DEI topic, our team develops an educational board for our MoBap community to utilize and educate. Some of the monthly topics include:

- Humanitarianism
- Mental Health
- Black History Month
- Women's History
- Autism
- LGBTQIA+, and many more

The team works to create opportunities to share more about each of our team members through projects like:

- Map Your Heritage
- Favorite Ethnic Restaurants
- Team Member profiles in our newsletter

Other opportunities we focus on include:

- Diversity Week
- MLK Day
- Pride Month
- Specialty food in the café to celebrate holidays

Crossroads Anti-Racism workshop

The idea that oppression, and in particular, racism, is not only a matter of individual prejudice but a systemic, institutional problem of power is foundational to the Introduction to Systemic Racism workshop, and that it requires structural intervention to dismantle. The antisystemic racism workshop is designed for institutions that want their staff as well as their leadership to understand the systemic nature

of racism and the role institutions play in its maintenance.

Participants in this workshop gained a shared language and frameworks with which to grapple not only with their unwitting legitimization of systemic racism but with what committing to the work of dismantling racism and cultivating antiracist culture and practice in their institutions will require. They were introduced to a strategic methodology that can assist them in organizing the work of dismantling racism in the institutions in which they are invested.







