

THE **VISION** FOR
Nursing
at Missouri Baptist Medical Center

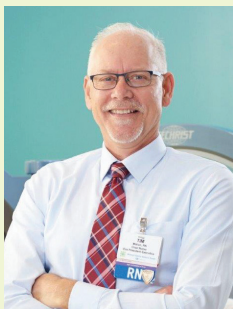


2017 NURSING ANNUAL REPORT



Missouri Baptist
MEDICAL CENTER

BJC HealthCare



Tim Mislan, BSN, MS, RN, NEA-BC
Vice President,
Patient Care Services
Chief Nursing Officer

I am excited to share the 2017 Missouri Baptist Medical Center Nursing Annual Report. It has been another remarkable year. Annually, *U.S. News and World Report* reviews a wide range of data to compare nearly 5,000 medical centers nationwide. Missouri Baptist Medical Center is ranked No. 2 in the St. Louis Metro Area and No. 3 in Missouri. The registered nurses at Missouri Baptist Medical Center played a significant part in achieving this recognition and continue to advance nursing practice, leading to improved patient outcomes. The highlights of these achievements are captured within this report.

Strategic accomplishments, like the establishment of The Nancy A. Ross, RN, Endowed Chair for Nursing, are described within the report. This funded chair ensures resources will be continuously available to support all registered nurses who strive to elevate the practice of nursing for decades to come. Many of the great stories within this report feature the work of our governing alliance of professional nurse councils. These councils are the foundational backbone of the effort to advance nursing practice at our hospital.

It is an honor to share with you these stories and more. I thank each and every one of you for your contributions and all you do every day to care for those most in need.

THE VISION FOR *Nursing* at Missouri Baptist Medical Center

From the Cover

"This job allows me to be a part of people's lives at their most vulnerable. It's scary sometimes to deal with life and mortality, but it's humbling to be a part of those conversations with families."



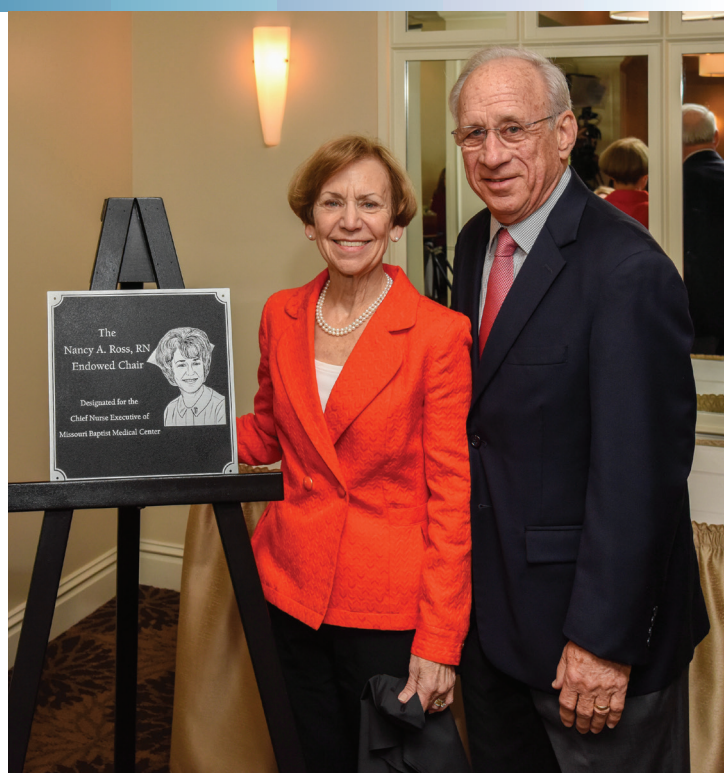
Erin Kirwan, BSN, RN, OCN, CHON, BSSW
Missouri Baptist Medical Center Palliative Care Nurse
2017 St. Louis Magazine Excellence in Nursing Award Winner

Transformational Leadership

Missouri Baptist Medical Center Establishes Nancy A. Ross, RN, Endowed Chair for Nursing

The endowed chair is held by the Missouri Baptist Medical Center Chief Nursing Officer, Tim Mislan, MS, BSN, RN, NEA-BC, providing funds to continue to elevate the practice of nursing at MoBap for decades to come. This commitment builds on the Institute of Medicine's report, which outlined how patient care improves when organizations invest resources in nursing research. The Nancy A. Ross, RN, Endowed Chair is a first for a community hospital in the greater St. Louis area.

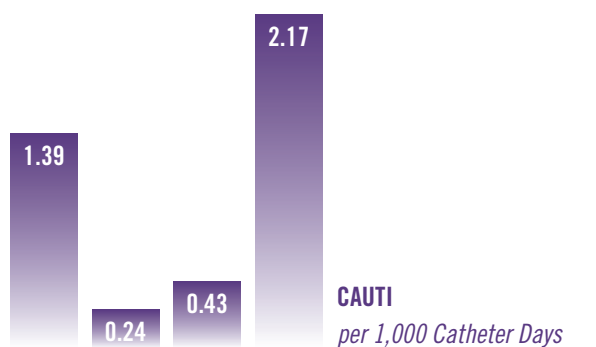
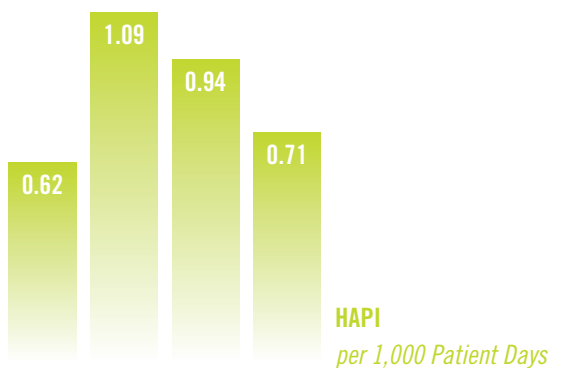
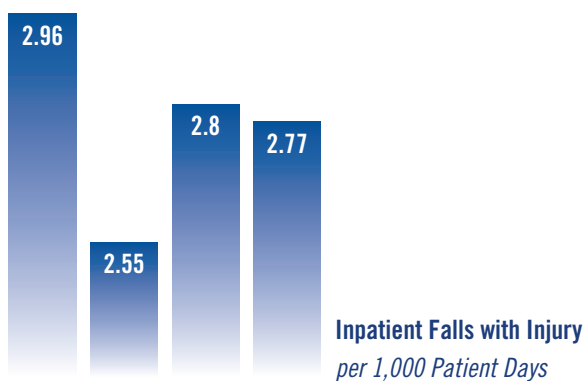
Don and Nancy Ross contributed this gift to celebrate MoBap's nurses and the crucial role they play in today's evolving healthcare landscape. The endowed chair is named for Nancy Ross, who served the community as a registered nurse and continues to be a cherished supporter of MoBap nurses. Don Ross, vice chairman of Enterprise Holdings, Inc., is former chairman of the BJC HealthCare Board of Directors and current vice chairman of the Missouri Baptist Medical Center Board of Trustees.



Nancy Ross, RN, and Don Ross with the plaque announcing the
Nancy A. Ross, RN, Endowed Chair for Nursing

Exemplary Professional Practice

Nursing Quality Indicators are patient outcomes influenced by nursing care. Below are the 2017 Nursing Quality Indicator outcomes by quarter.



Nursing Quality and Safety Council initiated an aggressive action plan to address the increase in CAUTI and CLABSI rates in the 4th quarter. The action plan includes an expanded credentialing process to include all central line types and urinary catheters, as well as an in depth analysis of each event.

New Knowledge and Innovation

Nursing Research Studies Initiated in 2017

Improving Nursing Assessment and Treatment of Dyspnea Using the Respiratory Distress Observation Scale (RDOS)

Tamara Otey, PhD, RN; Caryn Rosen, MSN, RN

Use of Pressure Sensors in the Cardiovascular Recovery Unit to Prevent Pressure Injuries

Mary Curtis, PhD, RN; Mary Kohlschreiber, BSN, RN; Lea Howard, BSN, RN

The Incidence of Chemotherapy-related Cognitive Changes in Cancer Patients with Solid Tumors and Their Perception of these Changes

Kathleen Armstrong, PhD(c), RN; Lisa Zimmerman, BSN, RN; Kim Fontana, BSN, RN; Amber Cliff, BSN, RN; Anne Walerius, BSN, RN

Predictive Hiring to Maintain Excellence in Patient Care

Lisa Schepers, MBA, BSN, NE-BC; Sarah Helm



Structural Empowerment

2017 Governing Alliance of Professional Nursing (GAPN) Organizational Council Accomplishments

Professional Practice Council	<ul style="list-style-type: none"> Partnered with the Clinical Medication Review Committee to implement changes to Nursing IV guidelines for emergent cardiac medications to ensure patients receive the right care at the right time Revised the inpatient passcode process to protect patient's health information from outpatient callers based upon feedback from end users Implemented a new policy on continuous bladder irrigation (CBI) to improve consistency in practice
Informatics and Technology Council	<ul style="list-style-type: none"> Continued partnership with Marketing and Communications to evaluate internal social media sites to improve communication for nurses Revitalized the internal nursing webpage to improve ease of use and access to necessary resources Partnered with Pharmacy and Respiratory to use and optimize use of capnography devices within the hospital
Management Council	<ul style="list-style-type: none"> Recognized nurses throughout the organization through their planning and support of Nurses Week, Certified Nurses Day, and the DAISY Award Revised the selection criteria for the DAISY award to accurately reflect nursing care provided across the hospital in all areas Initiated work to address the nursing strategic priority to improve nurse leader development
Advancing Research and Evidence-Based Practice Council	<ul style="list-style-type: none"> Provided continued support for: <ul style="list-style-type: none"> 7 Evidence-Based Practice projects 4 nursing research studies Continued development on the strategic plan for nursing research at MoBap Initiated planning for the 2018 MoBap Nursing Research Symposium
Nursing Quality and Safety Council	<ul style="list-style-type: none"> Created a credentialing process for urinary catheter care for nurses and patient care technicians; developed a process to implement new insertion trays as well as urinary catheter insertion credentialing to decrease catheter associated urinary tract infections Streamlined the credentialing process for the care of central lines to decrease central line blood stream infections Created the Quality Award to recognize nursing units who achieve optimal patient outcomes each month
Professional Development Council	<ul style="list-style-type: none"> Successfully organized and implemented an Obstetrics certification review course on campus at MoBap Streamlined the Professional Nurse Development Program (PNDP) portfolio review and interview process resulting in program growth and positive applicant feedback Financially supported: <ul style="list-style-type: none"> Over 50 nurses to attend professional conferences 40 nurses to pursue or maintain professional certification

Nursing at Missouri Baptist Medical Center

Mission

The nursing community at MoBap strives for optimal patient outcomes through the compassionate application of evidence-based care in collaboration with patients, families, the healthcare team and academic partners.

Vision

MoBap will be unparalleled in the practice of professional nursing with empowered nurses who lead the patient experience and provide innovative patient and family centered care in a dynamic healthcare environment.

Philosophy

As nurses at MoBap, we are committed to advancing education and leadership at all levels, to advocate for patients and families, to provide exceptional, compassionate care through innovation, collaboration, professional accountability, respect, and service excellence.

Lifelong learning
Evidence-based practice
Advocacy, accountability and autonomy
Developing a leadership mindset

